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| **Word**  | **Synonym/definition**  | **Antonym**  |
| Constantly  | Continuously/ always  |  |
| Amount  | Quantity  |  |
| Recent  | New  |  |
| Researchers  | Scientists  |  |
| Athletes  | Sportsmen  |  |
| Damage (n)  | Injury  |  |
| Intensively (adverb)  | Hard/ |  |
| Unfortunately  | Unluckily  | Luckily  |
| Moderation  | Being in the middle  |  |
| Digital natives | Someone who grew up with technology  |  |
| Multitasking | Doing many things at the same time  |  |
| Wrong  |  | Right  |
| Subject | Topic  |  |
| Switch  | Change/ shift  |  |
| Task  | Duty/job/ mission  |  |
| At once | At the same time  |  |
| Expert | Specialist/ professional  |  |
| Psychologist  |  |  |
| Concentrate  | Focus  |  |
| Happy  | Glad/ joyful/ pleased | Sad  |
| Myth  | A false belief people think of as true  |  |
| Guilty  | Ashamed/  | Innocent  |
| Wrong  |  | Right  |
| Enough  | Sufficient  | Lack of/ shortage  |
| Depressing  | Sad  |  |
| Difficult  | Hard  | Easy  |
| Bright/fresh | Energetic/ full of energy/ active  | Lazy/ sleepy  |
| Grumpy  | With bad mood  |  |
| Report  | Study/research  |  |
| Tired  | Exhausted  | Relaxed  |
| Concentrate  | Focus  |  |
| Spend  | Waste  |  |
| Free time  | Leisure time  |  |
| Boring  | Dull  | Interesting/exciting  |
| Busy  | Hectic  | Free  |
| Interests  | Hobbies  |  |
| Certain  | Specific/ particular  |  |
| Put off  | Postpone  |  |
| Stressed  | Worried/ pressured  | Relaxed  |