**Vocabulary (page 7):**

* **Task**: job/ work/ duty
* **Happy**: glad (**opposite**: sad)
* **Spend**: consume/ waste/ allocate (**opposite**: save)
* **Frustrated**: depressed/ disappointed (**opposite**: pleased/ happy/ glad)
* **Survey**: study/ analysis/ inspection
* **Enough**: sufficient
* **Socializing**: spending time with other people for pleasure
* **Boring**: dull (**opposite**: interesting)
* **Look after**: take care of
* **Never**: (**opposite**: always)
* **Busy**: (**opposite**: free)
* **Interests**: benefits/ hobbies/ advantages
* **Certain**: specific/ particular
* **Put off**: postpone/ delay
* **Stressed**: worried/tensed/ nervous (**opposite**: relaxed)
* **Useful**: fruitful/ profitable (**opposite**: harmful)
* **Things that really matter**: things that are really important